

Lamb

Lamb with Basil and Chilli.....	17.90
Black Pepper Lamb Fillet Hot Pot.....	18.90
Mongolian Lamb	17.90
Deep Fried Lamb in Sate Sauce	17.90

Beef

Orange Flavoured (Chun Pei) Beef.....	16.50
Satay Beef	16.50
Peking Beef	16.50
Beef in Black Bean Sauce.....	15.90
Beef with Broccoli in Oyster Sauce.....	15.90
Rainbow Steak in Bird's Nest	18.90
Shredded Steak with Ginger & Shallot	18.90
Stir Fried Fillet Steak with Whole Grain Mustard.....	18.90
Fillet Steak Cantonese	18.90
Honey Black Pepper Fillet Steak.....	18.90



Eggs

Combination Omlette	16.90
King Prawn Omelette.....	19.90
King Prawns with Scrambled Egg	19.90
BBQ Pork with Scrambled Egg	16.90
Shredded Steak with Scrambled Egg	18.90

Vegetables & Tofu

Healthy Shitake Mushroom Stir Fry	16.90
Stir Fried Mixed Vegetables.....	12.00
Stir Fried Baby Bok Choy.....	12.00
Steamed Gailan in Oyster Sauce.....	12.00
Stir Fried Broccoli with Snow Peas.....	13.00
Salt 'n' Pepper Fried Tofu	14.50
Stir Fried Mixed Vegetables with Tofu	14.50
Grandma's Tofu	15.00
bean curd with ground pork, shitake mushrooms & finely diced vegetables cooked with fresh chilli	

Hot Pot

Tofu Hot Pot	18.90
fried bean curd cooked with Prawns ,Chicken , BBQ Pork & vegetables served in a hot pot	
Seafood Tofu Hot	22.90
fried bean curd cooked with Prawns ,Scallops, Squid & vegetables served in a hot pot	
Three Cups Chicken Hot Pot	18.90
diced chicken simply flavoured with 3 essential Asian cooking ingredients soy sauce, oyster sauce and Shaoxing wine in equal measure and lifted with a touch of basil. Delicious!	
Chicken Shitake Mushroom Hot Pot	18.90
braised chicken with shitake, cloud ear mushrooms and fragrant chinese sausage	
Mussels in XO sauce with Rice Vermicelli Hot Pot ...	18.90
Egg Plant Hot Pot	17.90
aubergine stewed with ground pork and chilli	
Black Pepper Lamb Fillet Hot Pot	18.90



Noodles

Singapore Noodles	14.90
Combination Hokkien Mee	16.90
Char Kueh Teow (CKT)	16.90
Beef Chow Ho.....	15.90
Seafood Chow Mein*	22.90
Combination Chow Mein*	16.90
King Prawn Chow Mein*	19.90
Chicken Chow Mein*	15.90
* wok fried noodles	extra \$2.00

Rice

Steamed Rice	Bowl 2.00	Small 3.00	Large 4.50
Fried Rice	Bowl 3.50	Small 7.00	Large 8.50
Special Fried Rice.....	Small 9.90	Large 10.90	
King Prawn Fried Rice	19.90		
Beef & Lettuce Fried Rice	14.90		
Nasi Goreng.....	17.90		



harmony
at Cumberland

MODERN ASIAN CUISINE BISTRO LUNCH FROM \$10

Dine In / Take Away / Functions

BUSINESS HOURS

Bistro Lunch service
12pm - 2.30pm
Tuesday to Sunday

A La Carte Dinner
6pm - 8.30pm
Wednesday & Sunday

6pm - 9.30pm
Thursday to Saturday

98962730 96310688

Cumberland Country Golf Club

248 Old Prospect Rd, Greystanes



Entrée

Sang Chow Bow 2 Leaves	9.00, 4 Leaves	14.50
Mixed Entrée	9.00	
prawn cutlet, spring roll, dim sim, prawn toast and calamari		
Prawn Toast (6)	9.00	
Chicken & Ham Roll (2)	14.50	
Prawn Cutlets (6)	14.50	
Five Spice Beef Pancake (6)	16.50	
crispy beef with julienne carrot & spring onion served with paper thin Peking style pancake wraps		
Cumin Lamb Pancake (6)	16.50	
Satay Chicken Skewers (3) with peanut sauce	9.90	
Spring Rolls (3)	5.40	
Dim Sims (4) steamed or fried	7.20	
Steamed Prawn Dumplings (4)	7.90	
Steamed Vegetable Dumpling (3)	6.00	
Poached Pork & Cabbage Dumplings (6) with House Chilli Oil	10.50	
Pork & Cabbage Pan Fried Dumplings (6)	10.50	
Thai Fish Cakes	8.50	



Soup

Wonton Soup (Short Soup)	6.00
Westlake Beef Soup	5.50
Combination Soup	5.00
Sweet Corn & Chicken Soup	5.00
Hot & Sour Soup	5.00

Soup Noodles (Mains)

Udon with Chicken Katsu	15.90
soft udon noodles with asian greens topped with crumbed chicken, boiled egg and nori	
Udon with Seafood	17.90
BBQ Pork Wonton & Noodles	13.90
Combination Wonton	16.90
wonton with prawns, chicken bbq pork and asian greens	
Combination Noodles	16.90

Combination Laksa	16.90
rice vermicelli with prawns chicken beef & squid in spicy coconut milk broth topped with bean spouts	
Prawn Laksa	17.90
Wat Tan Ho	16.90
asian favourite of flat rice noodles wok fried with egg silkened broth of prawns chicken squid and greens	



Seafood

Salt 'n' Pepper Soft Shelled Crab	19.90
Honey Prawns	19.90
Salt & Pepper Prawns	19.90
Garlic Prawns	19.90
King Prawns with Snow Peas	19.90
Braised Prawns With Vegetables	19.90
Braised Prawns with Cashews	19.90
Curried King Prawns with Vegetables	19.90
Seafood in Bird's Nest	22.90
Scallops with Ginger & Shallots	24.90
Scallops with Snow Peas & Pine Nuts	24.90
Salt & Pepper Squid	17.90
Salt 'n' Pepper Whole Flounder	23.90
Deep Fried Baby Barramundi & Steamed Asian Greens . 23.90	
with your choice of chilli black bean sauce or sweet chilli sauce	
Steamed Baby Barramundi Ginger & Spring Onion	23.90
Mussels in Chilli Black Bean Sauce	17.90
Mussels with Basil & Chilli	17.90
Mussels with Garlic & Chilli	17.90



Chicken

Gong Bao Chicken	16.90
braised chicken with fresh & dried chilli, roasted peanuts	
Shantung Chicken	16.90
Pineapple Chicken	17.90
Sesame Chicken	16.90
Crispy Skin Chicken	15.90
. With Crab Meat Sauce	
Sichuan Chilli Chicken	16.90
Teriyaki Chicken	16.90
Honey Black Pepper Chicken	16.90
Lemon Chicken	15.90
Satay Chicken	15.90
Honey Chicken	16.90
Braised Chicken with Vegetables	15.90
Braised Chicken with Cashews	15.90



Duck

Peking Duck (2 Course)	49.90
<i>succulent flesh & crispy skin served with paper thin pancakes, julienne cucumber & spring onion.</i>	
<i>choose either sang choy bow with duck meat or duck chow mein as a second course</i>	
Roast Duck	23.90
Red Curry Roast Duck	23.90
Lychee Roast Duck	23.90

Pork

Sweet 'n' Sour Pork	15.90
BBQ Pork in Plum Sauce	16.90
Pork Chops in Plum Sauce	16.90
Salt & Pepper Pork Chop	16.90